

## **PARUL UNIVERSITY**

### **PARUL INSTITUTE OF AYURVED, LIMDA, VADODARA GUJARAT**

#### **“AYU SAMVAD REPORT 2021”**

In pursuance to the 5<sup>th</sup> Ayurveda day 2020 theme ‘ Ayurveda for Covid-19 Pandemic’ a campaign in the form of lecture series ‘ AYU-SAMVAD’ to make people aware about Ayurveda Principles and about the theme was organized by All India Institute of Ayurveda (AIIA), An autonomous Institute under Ministry of AYUSH, Government of India, New Delhi from 26/01/2021 to 30/04/2021, has assigned with the task of training the trainers, to guide and enlighten the vision regarding the role of Ayurveda during this Covid-19 pandemic.

This online Training of Trainers (TOT) Programme was organized from 18.01.2021 to 21.01.2021 for all State Directors, Principals of Ayurveda Colleges, Medical Officers and other stake holders. The training material was uploaded on the web portal of Ministry of AYUSH, and other important institutions of Ayurveda like AIIA, CCIM, CCRAS, RAV & State AYUSH Directors web portal for reference and guide to organize Lectures across India, in regional languages to give wider publicity of the theme “Ayurveda for Covid-19 Pandemic” amongst government offices, Non- Government sector employees, Schools, Colleges, Panchayati Raj Institutions, Gram Sabhas, Industries, various Housing societies, Women's self-help group, various NGOs, Senior Citizens Group, Asha workers and Health staff, etc. for wider dissemination.

This campaign was immensely beneficial in understanding the importance of Ayurveda in the light against Covid-19 with the salient aspects of Ayurveda for Immunity boosting, in Pre-Covid, during COVID and in Post Covid management, essential role of Diet and Yoga and other guidelines and specifically focus on the Role of Preventive, Promotive, Curative and Restorative Ayurveda Management of Covid-19. This campaign gave assistance to ensure the uniformity of information delivered to about 01 Crore target audience across India through 5 Lakh lectures.

The objective of this campaign was to educate the community in an authentic way and make them feel responsible for their own health “My Health My Responsibility”, with regards to this Parul Institute of Ayurved have scheduled more than 70 sessions and we have

already completed scheduled classes within 30th of April'2021 & around more than 5000 students/people were benefited with these session.

So, I am taking this opportunity to appreciate the efforts done by AYUSH in this regard. Herewith we are attaching the till dated details in proposed format of the AYU SAMVAD conducted by our skilled faculties, PG Scholars/ Ph.D. Scholars, Interns & Medical Officers in different colleges. Along with this we are also attaching the details of class conducted in EXCEL SHEET format.

## **Annexure-II**

### **C) Reporting Format- To be submitted by Ayurveda College to State Director AYUSH**

**College Name: Parul Institute of Ayurved, Parul University, Limda, Tal. Waghodia, Dist. Vadodara, Gujarat- 391760, India.**

Sr. No.	Category	Total Number as per category	No. of lectures given		No. of attendance for Lectures	Remark
			Online	Gathering		
1.	Faculty Members of Ayurveda Colleges	50	50	00	5405	Satisfactory
2.	PG/Ph.D. Students	05	05	00		Satisfactory
3.	Interns	15	05	10		Satisfactory
4.	Medical Officers	NIL	NIL		NIL	-

**Regards,**

**Date:** 04/05/2021

**Place:** Vadodara

Dr. Hemant Toshikhane,

Dean, Faculty of Ayurved,

Parul University, Vadodara, Gujarat.

## GLIMPSESS OF THE EVENT- AYU SAMVAD



**Picture No. 1: Intern student conducting AYU-SAMVAD orientation for patient's**



**Picture No.2: Dr.AparnaBagul delivering lecture of AYU-SAMVAD to the audience**



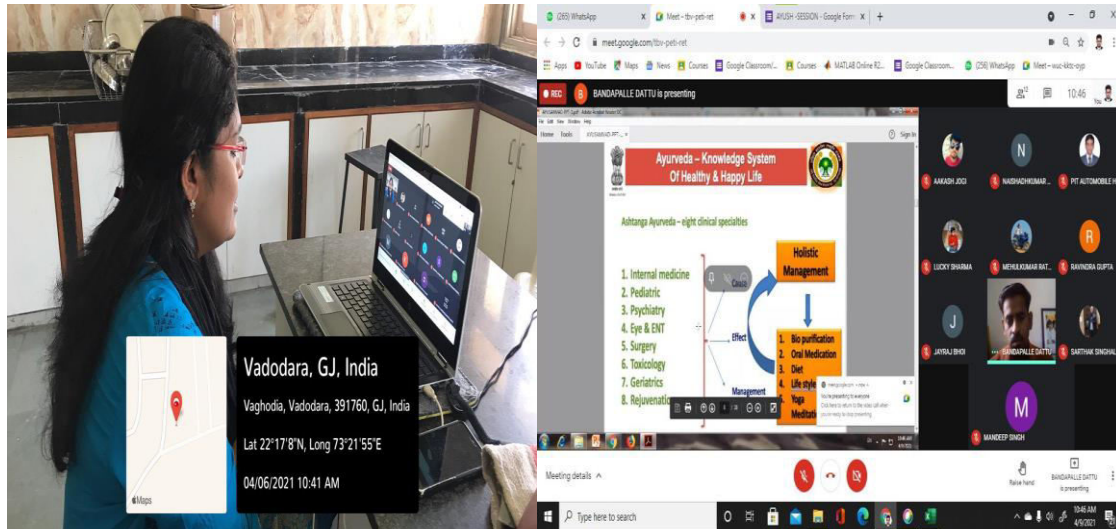
**Picture No.3: Intern student sharing Knowledge on AYU-SAMVAD to**



**Picture No. 4: Dr. Harish Daga, Ph.D. student & Asst. Prof., delivering speech**

**Ishwarpura Village people.**

**On eve of AYU-SAMVAD**



**Picture No. 5: Dr.Lekshmipriya, Ph. D.  
Student & Asst. Prof, RSBK Dept. giving  
Orientation to audience via online.**

**Picture No. 6: Dr.Bandapalle, Prof., Dept.  
of RachnaSharir while conducting AYU-  
SAMVAD Lecture.**



**Picture No.7: Intern student promoting Ayurveda to patients of ParulAyurved Hospital through AYU-SAMVAD Lecture Series.**